

university surgery center

1390 East Yosemite Ave, Suite B
Merced, CA 95340
(209)580-3400* Fax (209)580-3450

COLONOSCOPY

Patient is scheduled for procedure on _____.

◆ *A nurse from our facility will contact you with the arrival time prior to your procedure.*

◆ *PLEASE FOLLOW DR'S INSTRUCTIONS ALONG WITH THE FOLLOWING:*

❖ PATIENT INSTRUCTIONS

- Nothing to eat or drink after midnight, the night before the procedure.
- Take blood pressure, heart medication, thyroid medication, and/or seizure medication with a small amount of water like normal.

Otherwise do not take any medication until after the procedure.

- If patient uses an inhaler(s), please bring it on the day of the procedure.
- Bring list of medication taken on a regular basis (prescription, over the counter, and/or vitamins).
- Wear loose, comfortable clothes.
- Bring glasses/contacts and their case.
- Wear hearing aid and/or dentures; if used.

❖ PLEASE LEAVE THE FOLLOWING ITEMS AT HOME

- All jewelry (including rings, watches, body piercing accessories, etc.)
- Cash, wallet, purse, or any other personal belongings.

❖ PATIENT MUST HAVE

- A responsible adult driver who must stay at the facility while the patient is in the procedure.
- A responsible adult must be with the patient at least 24 hours after discharge.